



## The Sacred Art of Lovingkindness: Preparing to Practice (Paperback)

By Rabbi Rami Shapiro

Jewish Lights Publishing, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Open your heart and mind and discover--through the sacred art of lovingkindness--the image and likeness of God in yourself and others. The question at the heart of this book is this: Will you engage this moment with kindness or with cruelty, with love or with fear, with generosity or scarcity, with a joyous heart or an embittered one? This is your choice and no one can make it for you. Heaven and hell are both inside of you. It is your choice that determines just where you reside. --from the Introduction We are all born in the image of God, but living out the likeness of God is a choice. This inspiring, practical guidebook provides you with the tools you need to realize the divinity within yourself, recognize the divinity within others, and act on the obligation to manifest God's infinite compassion in your own life. Guided by Rabbi Rami Shapiro, you will explore Judaism's Thirteen Attributes of Lovingkindness as the framework for cultivating a life of goodness. Shapiro translates these attributes into practices--drawn from the teachings of...



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