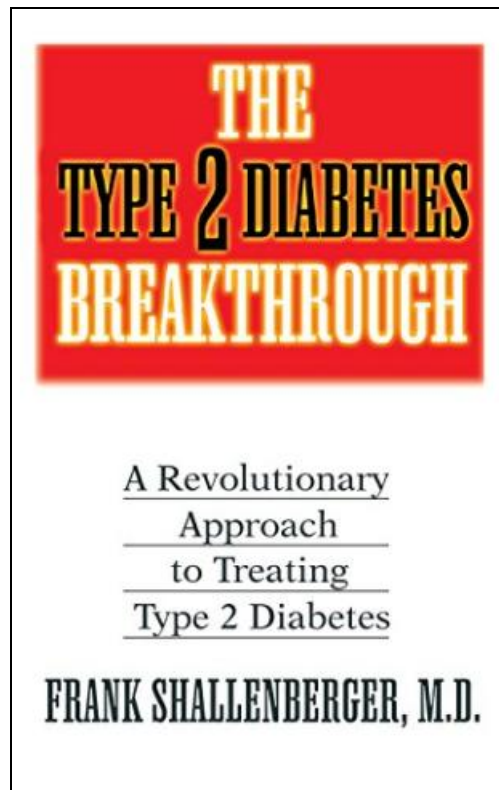


The Type 2 Diabetes Breakthrough: A Revolutionary Approach to Treating Type 2 Diabetes



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Reviews

This is basically the very best book i have read right up until now. It is definitely simplistic but excitement in the 50 % from the ebook. Your daily life period will likely be transform as soon as you total reading this article pdf.
(Prof. Ambrose Pollich DDS)

THE TYPE 2 DIABETES BREAKTHROUGH: A REVOLUTIONARY APPROACH TO TREATING TYPE 2 DIABETES



Basic Health Publications. Paperback. Condition: New. 240 pages. Dimensions: 8.8in. x 5.9in. x 0.6in. In *The Type 2 Diabetes Breakthrough*, Frank Shallenberger, M. D. , presents his revolutionary approach to treating type 2 diabetes. He documents his extensive research, which shows that the root of diabetes is a decrease in energy production and fat metabolism, an integral part of diagnosing and treating diabetes. He then shows how to correct the factors that lead to this condition to stop the disease in its tracks. At the core of his treatment protocol is his unique perspective on nutritional guidelines for diabetes for optimal energy production. In fact, Dr. Shallenberger explains why the American Diabetes Associations dietary guidelines are nothing more than a recipe for keeping the disease. Another unique component of his treatment approach is an emphasis on optimizing liver function. Though conventional medicine focuses on the pancreas as the organ responsible for diabetes, Dr. Shallenberger has proven that the liver is the primary organ of importance in most cases of diabetes. And, of course, Dr. Shallenberger considers exercise to be an integral part of any successful treatment or prevention plan for type 2 diabetes, but not just any form of exercise will do. The exact level and type of exercise necessary is based upon the results of the Bio-Energy Test. In fact, Dr. Shallenbergers research has shown that most diabetics who exercise are working out too hard to get well! Rounding out Dr. Shallenbergers program are vital stress-reduction and sleep recommendations to improve blood sugar control and overall health. Despite all of conventional medicine's attempts at treating and preventing diabetes, its incidence continues to soar. Its time for a new-proven-approach. Its time for *The Type 2 Diabetes Breakthrough*. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN....



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