



Going Solo in the Kitchen (Hardback)

By Jane Doerfer

Random House USA Inc, United States, 2003. Hardback. Book Condition: New. 211 x 155 mm. Language: English . Brand New Book. The supremely practical cookbook designed expressly for solo cooks. The book whose more than 350 superb recipes for all occasions -- plus tips on planning, shopping, storing and recycling food -- target the huge population of singles who don't want to spend a lot of time in the kitchen but are tired of take-out and who want their meals to be delicious, nutritious, and inexpensive. From a quick one-dish meal of Sauteed Beef with Mushrooms to a summer night's Salad dinner of Avocado, Papaya, and Shrimp, to a Sunday splurge of Chicken Breast Baked with Garlic -- here are dishes to please the palate and make dining alone a pleasure.



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