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The Bates Method - Perfect Sight Without Glasses - Natural Vision Improvement Taught by Ophthalmologist William Horatio Bates: See Clear Naturally Without Eyeglasses, Contact Lenses, Eye Surgery! Includes 132 Treatments from Dr. Bates

By William H Bates

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This is the text version of Perfect Sight Without Glasses. A smaller book to provide a lower price in color, black and white. It contains only Dr. Bates book, Better Eyesight Magazine and extra eyecharts. Black and White Edition. A 480 page version of this book in scans of the original antique pages, with additional training, magazines, many pictures by a Bates Method teacher is available in color, black and white paperback. Dr. Bates Amazon page; // Dr. W. H. Bates started his career as an orthodox ophthalmologist following the old, long time rules of the practice; prescribing eyeglasses. During his practice, working with different patients, eye conditions, he realized that unclear close, distant vision, astigmatism and other conditions often cured itself, reversed back to clear vision, especially when his patients stopped wearing their eyeglasses and relaxed. He noticed that wearing glasses tensed the eyes, eye muscles, lowered the vision and resulted in stronger and stronger eyeglass lens prescriptions being needed in order to see clear through the glasses. He began his own studies on the eye and its function. This led...



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