



The Herbal Apothecary: How to Make Herbal Tinctures (Paperback)

By Rose Haynes

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Herbal Apothecary How To Make Herbal Tinctures Within the pages of this book you will find simple and easy to follow step-by-step instructions on how to prepare your own herbal tinctures. There are over 20 wonderful herbal remedies in this book, that you will find very easy and quick to prepare in the comfort of your own home or even if you are travelling or on the go. You can easily take the tincture remedies with you to prepare where ever you go. Enjoy learning how to prepare fantastic aromatic tinctures that can help to cure your ailments. Allow these herbal tinctures to help lift your spirits, and restore your health, and allow you to feel peace and tranquility once again in your life. Use this book as a guide to help you to fulfill your passion on learning more about medicinal herbs and spices. Allow them to enhance your health and well-being with their vitalizing, and physical health giving capabilities.

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