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607 Essential Oil Uses: For Health and Healing, for Beauty, for Pets, for House, for Outside and for Food.

By Samatha K Ray

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The benefits of essential oils have been around for centuries. Nearly every culture is familiar with the miraculous properties of these incredible plant derived oils. Wise advice on which oils to purchase and why, as well as their many uses for a multitude of purposes are outlined in this useful guide. Everything you have ever wanted to know about these wonderfully useful oils are explained in detail, including the history of their use, how they are produced, and the most beneficial ways to use them for maximum results. Including 80 different uses for Tea Tree Oil alone! Who would have known that this commonly used essential oil could be useful for a myriad of benefits for health and healing, such as acne, arthritis, bladder infections, canker sores, chicken pox, cold sores, hives, dandruff, and eczema! Just to name a few! Included in the book are practical uses for Lemon, Peppermint, Eucalyptus, Clove, Cinnamon, Grapefruit, and Turmeric Oil, as well as many others. The benefits of oils for your health and wellness, anti-aging and beauty benefits, as well as...



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Reviews

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