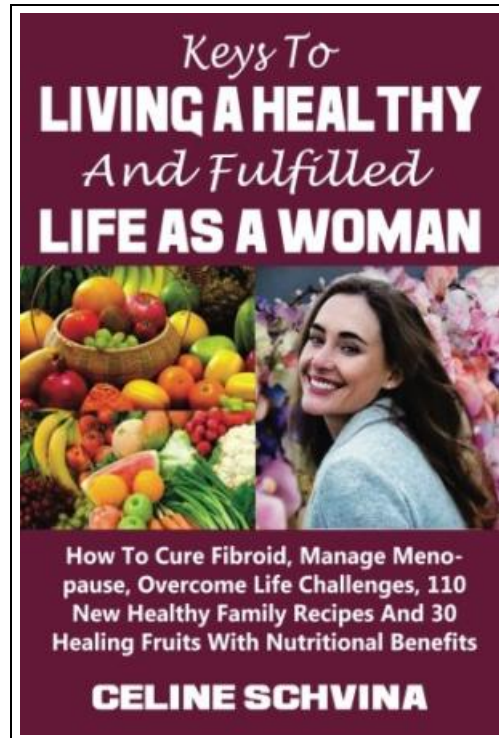


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are You Ready To Overcoming Life Challenges and Stay Healthy As a Woman? Being a woman is a privilege every woman should acknowledge. Once born, every woman is faced with challenges at different stages of her life. A woman is left with the responsibility of taking care of her husband and children and also bringing the children up in the way that pleases God. Single mothers are solely left with dual responsibilities which she must carry out properly if she desires to keep a happy and healthy home. Some of the major challenges that women, especially christians face are pregnancy, menopause, widowhood, among others. Here is a breakdown of the contents of Keys to Living a Fulfilled and Healthy Life As a Woman: How to pull down strongholds through persistent prayer The life pattern of virtuous women The challenges of keeping a christian family and how to overcome them Infidelity: causes, consequences and cure Causes of low sexual urge in men and women with solutions The importance of antenatal classes and care during pregnancy Ways to win your husband s and children s love How to cope with the realities of widowhood How to manage menopause as a woman Uterine fibroid: causes, symptoms and diagnosis The power drinks: garlic, ginger and lemon - how to make them 30 healing foods and their nutritional values Tasty healthy recipes for the family - appetizer, breakfast, lunch, dinner and desserts Living a Fulfilled and Healthy Life As a Woman reveals to you, how to overcome these challenges as a woman and how to keep a Godly family as a woman by referencing some female warriors in the bible. It also teaches you how to...

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