



Nutrition You, Books a la Carte Edition

By Joan Salge Blake

Pearson, United States, 2016. Loose-leaf. Book Condition: New. 4th. 274 x 211 mm. Language: English . Brand New Book. NOTE: This edition features the same content as the traditional text in a convenient, three-hole-punched, loose-leaf version. Books a la Carte also offer a great value this format costs significantly less than a new textbook. Before purchasing, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson s MyLab Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a Course ID, provided by your instructor, to register for and use Pearson s MyLab Mastering products. A visual approach to Introduction to Nutrition for Non-Majors. Guide students to a deeper understanding of nutrition The Fourth Edition of Nutrition You provides students with a personalized approach to understanding nutrition and teaches them to become informed consumers of nutrition information through interactive lessons, practical applications, and visual study tools. Joan Salge Blake writes in a very engaging style, addressing the student directly, using visual analogies in order to explain concepts, and captivating students with humor. Blake encourages students to think...



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