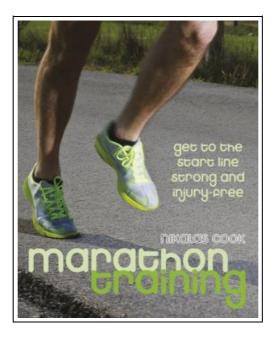
# **Marathon Training**



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(Sister Langosh)

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