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HEALTHY CHOLESTEROL (PAPERBACK)



Wilkinson Publishing, Australia, 2017. Paperback. Condition: New. Language: English . Brand New Book. The global statistics around coronary heart disease, heart attack and stroke are truly alarming. The rates of high blood pressure and cholesterol, both major risk factors of the above conditions, are also extraordinary. The tragedy is that the rates are rising worldwide, despite how easy it can be in many circumstances to reduce risk. Healthy Cholesterol looks at what high cholesterol and high blood pressure are and...

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- Authored by Catherine Butterfield
- Released at 2017

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