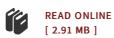




## Trash Your Debt: A Real-Life Story and How-To Guide for Getting Out of Debt and Becoming Financially Stable (Paperback)

By Arnold D Fredrick

iUniverse, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book
\*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. The average American carries more than \$8,000 in credit card debt. If
you live paycheck to paycheck, spend more than you make, are behind on your credit card
payments, and suffer from too much financial stress, you re not alone. And you re not doomed.
Trash Your Debt will show you how to create a better and more secure financial future for you and
your family. Author Arnold Fredrick knows what it s like to struggle with money problems and feel
overwhelmed by debt. He also knows you can successfully free yourself from the burden of debt just
like he has. In this motivating, step-by-step guide, he shares his proven methods, tips, and tricks for:
Eliminating debt Managing credit card spending Slashing unnecessary expenses Sticking to a tight
budget Paying yourself before the bills Trading up your job Procrastinating when it comes to
spending money Fredrick offers insights, reassuring guidance, and methodical processes for
whittling down debt, setting realistic goals, and committing to a solid saving plan. Hands-on
worksheets help you determine your current financial status, design a monthly budget, and
compare credit...



## Reviews

The book is great and fantastic. It is probably the most remarkable pdf i have got read through. You can expect to like the way the article writer compose this ebook.

-- Mr. Ethel Schmeler

This is basically the best ebook we have study right up until now. it absolutely was writtern very properly and useful. You may like how the blogger write this ebook

-- Cecil Zemlak DVM