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## Struggle for Your Mind: Conscious Evolution and the Battle to Control How We Think (Paperback)

By Kingsley L. Dennis

Inner Traditions Bear and Company, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book. A revolutionary call to overthrow society's mental controls and expand consciousness for the greater good of humanity - Explores the tactics used to control consciousness, such as misinformation, debt systems, fear conditioning, and the distraction of entertainment and technology - Reveals the emerging mechanisms for neurogenetic evolution within our brains that will enable us to throw off the shackles of mental control - Explains how to break through the barriers inhibiting conscious evolution and restore our connection with Nature and the Divine Within society there exists a silent war. The battlefield is our everyday lives: our education, our work, our leisure, our emotional and spiritual well-being, and our thinking and perceptions. Our very sense of reality is deliberately engineered to work against conscious evolution and preserve social norms. In short, we are all part of a war of consciousness. And the opportunity is at hand for us to win. Assessing the ways modern societies limit consciousness and keep humanity obedient and distracted from their inner lives, Kingsley Dennis presents an eye-opening investigation of the way our minds have been programmed to preserve...



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