

## Expecting Your First Baby: First Pregnancy Ultimate Guide



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## EXPECTING YOUR FIRST BABY: FIRST PREGNANCY ULTIMATE GUIDE



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Expecting Your First Baby: First Pregnancy Ultimate Guide by Cathy Wilson is the one source for all the answers to questions that you have, now that you are pregnant. It's your first pregnancy and at the same time that you are ecstatic, you may also be overwhelmed. There is so much to know now that your life is changing, but it doesn't have to be difficult for you, if you let Cathy Wilson guide you along the next nine months of pregnancy and show you what to expect when you're expecting. You need to increase your knowledge and solve any problems about becoming a mother that you will encounter along this incredible journey, and Wilson will help you succeed. You will only miss out on what solutions are unleashed in this guide, if you don't grab the opportunity and read it! Cathy Wilson reveals all the top notch information required when you are expecting your first baby. It's your first pregnancy and you need to know just what to expect. From getting pregnant to the delivery, you will be well informed in this new and exciting part of your life! So, what is most important to know about having your first baby? Some of what Wilson covers: Conception Planning conception Pregnant? Yes? No? Father to be and his role Ok, you're pregnant, now what's next? First, second, and third trimesters Healthy eating Baby preparations Different delivery methods Delivery time and shortly after From getting pregnant to delivery, discover what you need to know without having information overload. Wilson makes it simple and easy. Expecting a baby is a wonderful time of...



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