



Alternative Medicine: 20 Proven Hacks How to Make Use Homemade Remedies to Prevent and Heal Illnesses (Paperback)

By Tina Ikin

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Alternative Medicine (FREE Bonus Included) 20 Proven Hacks How to Make Use Homemade Remedies to Prevent and Heal Illnesses Home remedies include the treatment of illnesses via natural things. These things include vegetables, spices, herbs and different exercises that can be done at home. People have been following these ways since ancient times. Many of the today s world remedies are the products of traditional folks. They believed in nature and remained strong internally as well as externally because of their pure lifestyle. This book includes twenty main tips of treating different kinds of illnesses like fever, flu, body pains, infections, burns and cuts. Homemade remedies are easy, convenient as you don t have to go out of the house, you can just turn towards your kitchen if you need something to get some kind of relief from your illness. The main thing which makes home remedies so perfect is that even if for the most remedies there are...



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