



## Walking With Plato: A Philosophical Hike Through the British Isles (Hardback)

By Gary Hayden

Oneworld Publications, United Kingdom, 2016. Hardback. Condition: New. Language: English . Brand New Book. If one keeps on walking, everything will be alright. So said Danish writer Soren Kierkegaard, and so thought philosophy buff Gary Hayden as he set off on Britain s most challenging trek: to walk from John O Groats to Land s End. But it wasn t all quaint country lanes, picture-postcard villages and cosy bed and breakfasts. In this humorous, inspiring and delightfully British tale, Gary finds solitude and weary limbs bring him closer to the wisdom of the world s greatest thinkers. Recalling Rousseau s reverie, Bertrand Russell s misery, Plato s love of beauty and Epicurus joy in simplicity, Walking with Plato offers a breath of fresh, country air and clarity for anyone craving an escape from the humdrum of everyday life.



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