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## How to Be Your Own Health Visitor: The Complete Guide to Breast or Bottle Feeding, Weaning, Sleeping, Immunisation, Growth and Development, Behavioural Issues and Much More. (Paperback)

By Ann Guindi

Guindi Enterprises, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Babies don't come with an instruction manual! That is why this practical guide to making your family life less stressful and more rewarding book is for you. How To Be Your Health Visitor will impart the knowledge you need and empower you to decide how to parent your child. Ann Guindi's book provides hints and tips to help you enrich your children's development. It is the complete guide to breast/bottle feeding, weaning, sleeping, immunisation, growth and development, behavioural issues and much more. PLUS two bonus chapters that will enrich your parenting experience. As an added bonus it includes the tool often used by the professionals to recognise Post-Natal Depression, along with the ten questions most frequently asked of health visitors. It is a must read for all parents of children from birth to five years. Are you tired of well-meaning family and friends giving you conflicting information and advice about childcare? Drawing on Ann's own 30 years of experience working with the under fives in both health and education, while bringing up her own four children and talking to thousands...



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### Reviews

*An extremely awesome publication with lucid and perfect explanations. It is actually written in basic phrases rather than confusing. You will like how the writer publishes this book.*

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