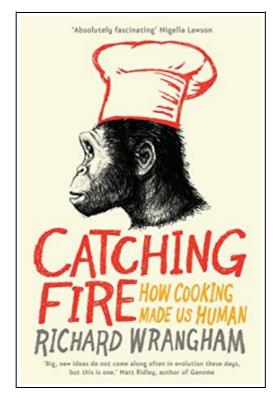
# Catching Fire: How Cooking Made Us Human (Paperback)



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## Reviews

This publication is wonderful. It really is rally interesting through reading period of time. I am just very easily will get a delight of reading a published book.

(Roma Little)

## CATCHING FIRE: HOW COOKING MADE US HUMAN (PAPERBACK)



Profile Books Ltd, United Kingdom, 2012. Paperback. Condition: New. Main. Language: English. Brand New Book. In this stunningly original book, Richard Wrangham argues that it was cooking that caused the extraordinary transformation of our ancestors from apelike beings to Homo erectus. At the heart of Catching Fire lies an explosive new idea: the habit of eating cooked rather than raw food permitted the digestive tract to shrink and the human brain to grow, helped structure human society, and created the male-female division of labour. As our ancestors adapted to using fire, humans emerged as the cooking apes. Covering everything from food-labelling and overweight pets to raw-food faddists, Catching Fire offers a startlingly original argument about how we came to be the social, intelligent, and sexual species we are today. This notion is surprising, fresh and, in the hands of Richard Wrangham, utterly persuasive. Big, new ideas do not come along often in evolution these days, but this is one. -Matt Ridley, author of Genome.



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