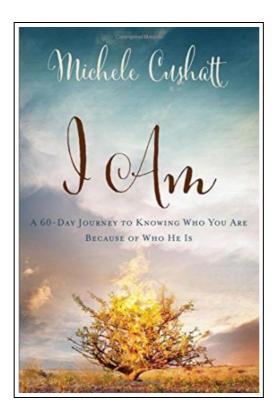
# I Am: A 60-Day Journey to Knowing Who You Are Because of Who He Is (Paperback)



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## Reviews

A very great ebook with perfect and lucid answers. It can be packed with wisdom and knowledge I found out this book from my dad and i encouraged this publication to learn.

(Elena McLaughlin)

## I AM: A 60-DAY JOURNEY TO KNOWING WHO YOU ARE BECAUSE OF WHO HE IS (PAPERBACK)



ZONDERVAN, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. From the moment a woman wakes until she falls, exhausted, on her pillow, one question plagues her at every turn:Am I enough? The pressure to do more, be more has never been more intense. Online marketing. Self-help books. Movies, magazines and gym memberships. Even church attendance and social media streams have become a means of comparing ourselves to impossible standards. Am I pretty enough? Hip enough? Spiritual enough?We fear the answer is No. When a brutal bout with cancer changed how she looked, talked, and lived, Michele Cushatt embarked on a soul-deep journey to rediscover herself. The typical self-esteem strategies and positivity plans weren t enough. Instead, she needed a new foundation, one that wouldn t prove flimsy when faced with the onslaught of day-to-day life.With raw personal stories, rock-solid biblical teaching, and radical truths on which to rebuild your life, I Am will help you:\* End the barrage of negative self-talk with an empowering new narrative.\* Refuse to ride the rollercoaster of others opinions and start believing what God s says about you.\* Stop agonizing over past regrets and failures and make peace with God s sovereign plan for your life.\* Leave insecurity behind as you exchange temporary fixes for an identity established on God s unchanging affection.I Am reminds us that our value isn t found in our talents, achievements, relationships, or appearance. It is instead found in a God who chose us, sent us, and promised to be with usforever.



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