

125 Best Vegan Recipes (Paperback)

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Reviews

This ebook is definitely not easy to get going on looking at but quite fun to learn. We have read and so i am sure that i will gonna study once more yet again later on. I am very happy to inform you that here is the finest publication i actually have read inside my personal daily life and might be he best publication for possibly. (Sister Langosh)

125 BEST VEGAN RECIPES (PAPERBACK)



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ROBERT ROSE INC, Canada, 2014. Paperback. Condition: New. Language: English . Brand New Book. Now with additional color photos and a new cover. This wide and wonderful array of vegan recipes appeals to a broad range of tastes, from sophisticated to soul-satisfying. With 8 all-new color photos plus completely redesigned covers, this book contains recipes for every meal and occasion. From appetizers, soups, salads and wraps to grains, desserts and baked goods these dishes are consistently tasty, always built around readily available ingredients and are quick to prepare. Appetizers Spicy Black Bean Dip, Asian Vegetable Turnovers, Layered Nachos Soups Minestrone, Spicy Squash and Fennel Soup, Gazpacho, Fresh Minted Pea Soup Salads, Sandwiches and Wraps Quinoa Salad with Grapefruit and Avocado, Eggplant, Olive and Basil Wrap Casseroles, Tofu and Legumes Shepherd s Pie, Curried Vegetables with Tofu, Savory Artichoke Pie For the Kids Cheeseless Pizza, Baked French Fries, Banana and Almond Butter Pita Pockets Pastas and Grains Pasta Putanesca, Coconut-Flavored Polenta with Beans and Peppers, Tabbouleh Desserts and Baked Goods Banana Chocolate Chip Pudding Bread, Cranberry Orange Scones, Brownies. Also included are helpful tips and pantry lists for stocking a vegan kitchen as well as a practical guide to cooking terms and techniques.

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