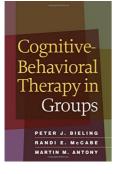
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COGNITIVE-BEHAVIORAL THERAPY IN GROUPS



The Guilford Press. Paperback. Book Condition: New. Paperback. 452 pages. Dimensions: 9.2in. x 6.0in. x 1.2in.An authoritative practitioner guide and student text, this book offers clear advice on how to structure and lead cognitive-behavioral therapy (CBT) groups and overcome common challenges that arise. Specific, evidence-based group assessment and treatment protocols are provided for a range of frequently encountered disorders. Emphasizing that a CBT group is more than the sum of its individual members, the authors show how to understand and...

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