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THE COLOR GAME (PAPERBACK)



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Star of Light Publications, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. The intention for this series of novels is to inspire women who experience stress and painful emotions, to know there is help, and say yes to their own healing journey. Being alone in your mind, makes it even worse. So by reading another woman s situation and successes may motivate you to step up for yourself and take charge of your life in a new happier way. By dreaming about an aspect of a trauma, our mind can gradually learn to remove the fears behind it. The dreams of Ida, a seventeen-year old girl, guide you to find yourself and the events that shaped your life and show you how to heal inner wounds and traumas. In the hospital after having an accident resulting in a coma, Ida s dreams brings back past events in her life. She forgot what happened, and put the experiences away in hidden places. You can find yourself and the events that shaped your life, and you can learn how to heal inner wounds and traumas. The many levels of energy are coordinated by powerful energy organs, called chakras. Imagine that you can travel between them as planets, that have different colours. Seen altogether they appear like a rainbow through your body. Ida also explore her inner world of energies, like thoughts, feelings and pain. Thoughts can distract you, or make you crazy, and a good thought makes you smile. Feelings are reactions your body is programmed to create. For example: Smelling the pink rose your first boyfriend gave you as you were in love at that time. And next time you receive a pink rose you feel love. And the negative side of this is, hearing heavy steps...



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