



How to Make Natural Healing Balms (Paperback)

By Dr Miriam Kinai

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How to Make Natural Healing Balms teaches you how to make handmade, homemade, healing creams. How to Make Natural Healing Balms also teaches you the best vegetable oils, essential oils, natural butters, and herbs to use to make body creams for normal, sensitive, mature and dry skin types as well as to help manage cellulite, eczema, psoriasis, menopausal symptoms, pre-menstrual tension (PMS), painful periods, arthritis, stress, sadness or depression, mental exhaustion, and insomnia or sleeplessness.



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Reviews

Very helpful to all of group of men and women. It can be written in easy terms instead of confusing. You will like how the writer wrote this book.

-- **Dr. Daren Mitchell PhD**

Completely one of the best publications I have actually read. Indeed, it is perfect, nonetheless an interesting and amazing literature. Your lifestyle span will likely be transformed when you complete reading this book.

-- **Mrs. Agustina Kemmer V**