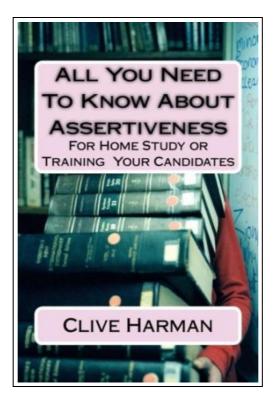
# All You Need to Know about Assertiveness: For Home Study or Training Candidates (Paperback)



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This composed book is wonderful. It is amongst the most awesome book i actually have read through. You will like the way the author create this publication.

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## ALL YOU NEED TO KNOW ABOUT ASSERTIVENESS: FOR HOME STUDY OR TRAINING CANDIDATES (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. For Home Study and with PowerPoint Slides for Training Candidates What is Assertiveness? Assertiveness is based on a philosophy of personal responsibility and an awareness of the rights of other people. Being assertive is not about getting your own way and winning every time. Nor is it a series of quick-fix tricks or techniques to learn parrot fashion and then trot out in difficult situations. Nor is it a way to manipulate and control other people so that you get your own way whilst appearing to be considering others. For Home Study and with PowerPoint Slides for Training Candidates What is Assertiveness? Assertiveness is based on a philosophy of personal responsibility and an awareness of the rights of other people. Being assertive is not about getting your own way and winning every time. Nor is it a series of quick-fix tricks or techniques to learn parrot fashion and then trot out in difficult situations. Nor is it a way to manipulate and control other people so that you get your own way whilst appearing to be considering others. There a two major reasons why it is important for people to learn how to be assertive, and in a way that allows them to say more directly what they really think, want or feel, without denying the thoughts, needs or feelings of others. The first is that, with this ability, people are much more likely to get more of what they want. The second is quite simply this: being assertive makes people feel good about themselves and their behaviour. How Do We Do It? There are three simple steps to assertiveness. It is important that individuals learning to be assertive understand...



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