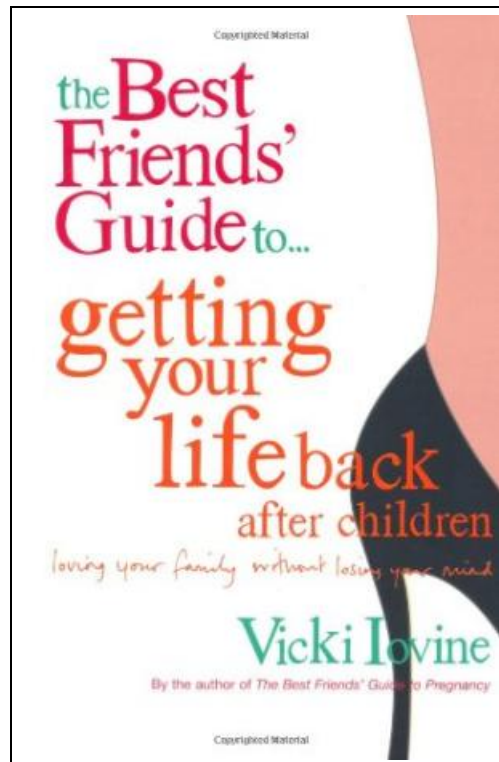


The Best Friends' Guide to Getting Your Life Back



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THE BEST FRIENDS' GUIDE TO GETTING YOUR LIFE BACK



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Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, The Best Friends' Guide to Getting Your Life Back, Vicki Iovine, No one understands the difficulties of being a woman better than Vicki Iovine. The author of the hugely successful Best Friends' series, has guided women through most of the milestones in their lives - from being pregnant to surviving the first years of motherhood. Now in her new book, Vicki Iovine tackles the dilemma that plagues every modern woman and mother - how to manage family, work and a personal life all at the same time. With the wit, wisdom and sass that has made her loved, Vicki Iovine takes up all the big issues and breaks them up into manageable sections - ways to stay connected with your spouse, keeping up with the kids, work/home conflicts etc. Funny, pragmatic, and efficient, The Best Friend's Guide to Getting your Groove Back teaches women how to regain control of their lives with attitude - this is an indispensable book for any woman.



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