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Chasing Bliss: A Laymans Guide to Love, Fulfillment, Damage Control, Repair and Resurrection

By Larry Brooks

Storyfix.com. Paperback. Condition: New. 248 pages. Dimensions: 8.5in. x 5.5in. x 0.6in. Marriage is hard. Living together in a committed, non-traditional relationship is just as hard, maybe more so. A less than completely satisfying level of happiness and fulfillment within a primary relationship is perhaps the most common human dysfunction in the modern world. So much so that we have come to accept something less than complete bliss in our marriages, partnerships and domestic arrangements as the normal state of things, an expectation born of human imperfection and the pressing need for constant compromise. We have redefined it as something less than the word bliss actually implies. Coming even mildly close to bliss is considered a rousing success, but even then, whatever sliver of unrest, anxiety and inconsistency remain can flare into a torrent of restlessness that could one day again render you single. In CHASING BLISS, Larry Brooks shows us a path toward bucking that trend through the channeling of our imperfection toward a perfectly functional awareness of how we might be contributing to the problem, while becoming coach and therapist when we were not. While repeatedly reminding the reader that some problems remain the province of professional counselors, CHASING...



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