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BREAKING THROUGH: A COMMON SENSE GUIDE TO LOSING WEIGHT AND KEEPING IT OFF (PAPERBACK)



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- Authored by Theodore H Valentine
- Released at 2008



Reviews

Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be he best publication for at any time. -- Prof. Ron Gaylord II

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