

## Essential Japanese Kitchen (Hardback)



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**(Eleanore Ernser)**

## ESSENTIAL JAPANESE KITCHEN (HARDBACK)



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Anness Publishing, United Kingdom, 2013. Hardback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. This is a practical guide to the ingredients and techniques of Japanese cooking, with over 350 photographs. It is a reference guide for those who are serious about learning the art of Japanese cooking, beautifully photographed with over 350 illustrations. It explores the origins, traditions and philosophy that influence Japanese food preparation, and the influences that trade, rice cultivation and Buddhism have had on cooking and eating rituals. It explains the specialist equipment and culinary techniques needed to serve authentic Japanese food. It is complete with serving ideas and detailed information on the wonderful variety of ingredients, many of which are unique to this cuisine. It describes important Japanese traditions and festivals, including the tea ceremony. From the very early history of Japan, cultural traditions and philosophy have influenced how food is prepared, cooked, served and received. Dishes are selected to suit the season and the occasion, and ingredients are prepared to highlight their natural tastes and textures. The first part of this book explores the secrets of this tradition, explaining the history of Japanese food and how a knowledge of these contributes to the pleasure and satisfaction of cooking a Japanese meal. The second part of the book features a comprehensive look at the special ingredients used, fully illustrated throughout. Informative text and photographs cover all the essentials of preparation, equipment, methods and techniques, making this a beautiful and informative guide to the food of Japan.



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