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## HOW TO BOOST YOUR SELF-CONFIDENCE SELF-ESTEEM?: BEST WAYS EVER TO OVERCOME SOCIAL ANXIETY



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Self-confidence gives you the freedom to make mistakes and cope with failure without feeling that your world has come to an end or that you are a worthless person. Abraham Lincoln. Self-confidence and self-esteem are everything. Our self esteem is instilled in us during our youth. Being constantly criticized by family, friends, and society tends to slowly...

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- Authored by Abdullah Assaid Qsuda
- Released at 2015



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