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Coaching Basketball: Principles of Motion Offense

By MR William T Falkner

Createspace, United States, 2013. Paperback. Book Condition: New. 278 x 210 mm. Language: English . Brand New Book ***** Print on Demand *****.Motion Offense is one of the most consistent and effective schemes ever designed for the game of basketball! Learn how to implement and utilize all phases and aspects of the explosive Motion Offense with comprehensive information on the following topics: Motion Offense rules and responsibilities - coaching keys and progressions - sets and alignments - spacing - Motion Offense structure and basic movements - Motion Offense drills to ensure success - individual position-by-position instructions - Motion Offense strategies and special plays - and more! Detailed diagrams and play descriptions demonstrate how any coach, at any level, can easily and effectively install all aspects of Motion Offense and ultimately score more points and win more games! Appropriate for any level of basketball including youth, junior high school, high school, and college!.


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Reviews

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