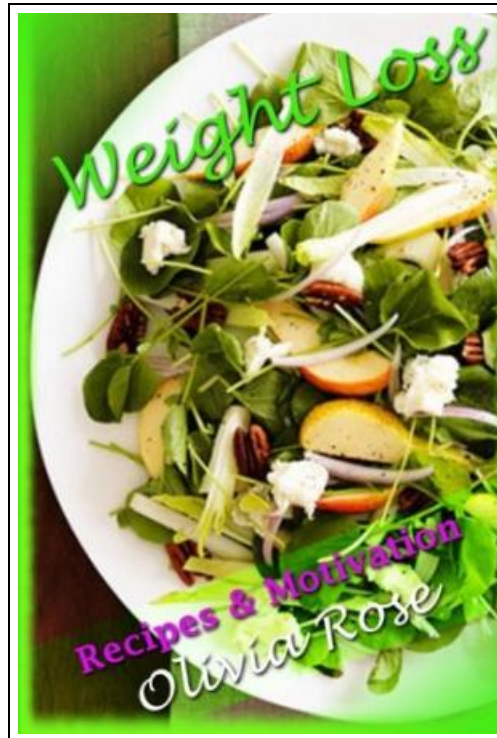


## Weight Loss Motivation Recipes - Turn Negative Emotional Eating Into a Positive



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