



The Path of Silence

By Omraam Mikhael Aivanhov

Vij Books India Pvt. Ltd., New Delhi, India, 2009. Softcover. Book Condition: New. The silence that concerns us here is not the silence of inertia; it is the stillness of a work of great intensity that is taking place in a climate of perfect harmony. Nor is it emptiness or absence; it is plenitude, a fullness comparable to that experienced by two human beings who love each other very deeply and share something that cannot be expressed in words or gestures. Silence is a quality of the inner life.1. Noise and Silence 2. Achieving Inner Silence 3. Leave Your Cares at the Door 4. Make Your Meals an Exercise in Silence 5. Silence, a Reservoir of Energies 6. The Inhabitants of Silence 7. Harmony, the Essential Condition for Inner Silence 8. Silence, the Essential Condition for Thought 9. The Quest for Silence is the Quest for the Centre 10. Speech and the Logos 11. A Master Speaks in Silence 12. The Voice of Silence is the Voice of God 13. The Revelations of a Starry Sky 14. A Silent Room. Printed Pages: 172.



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