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# COLOR ME A MEMORY (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Color Me a Memory is a collection of paintings by residents in the Terrace, an Alzheimer s unit in Pinecrest Community Retirement Home. This story of the creation of this exceptional program will encourage other agencies working with Memory Care residents and patients. Color Me a Memory has the art work of a dozen or more residents who have the support of family, staff and others. I remember better when I paint. Those words from a story about painting while stricken with Alzheimer s were just part of the inspiration behind Color Me A Memory, a memory-enhancing watercolor painting communications program designed specifically for Pinecrest Terrace, a pioneer in elder and memory care in Northwest Illinois, at Pinecrest Community. The Color Me a Memory odyssey began when Pinecrest Terrace Memory Care Community Coordinator Michelle Brown visited her grandmother at a Kansas nursing home years ago. Michelle witnessed a remarkable, powerful, yet simple program in action. The residents with Alzheimer s and dementia were painting. And they were enjoying it. And they were remembering. Michelle wanted that for Pinecrest. So when asked what kind of grant money she could use for her department, watercolor painting money was requested. Ultimately, Pinecrest did more than provide a canvas and supplies. With the help of Northern Illinois University Associate Professor Jamie Mayer, Ph.D., Pinecrest developed a scientific study to share with stakeholders who wanted to know if the program really worked - i.e., if it not only helped residents remember, but if it also relieved stress caused by their disease. What we learned was remarkable. Why is Color Me a Memory important? Over the next 25 years, more than 28 million baby boomers...

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