



Living Healthy Beyond 120, a Centurion's Plan for Longevity: Healthy Aging Naturally (Paperback)

By MR Scott Rauvers

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Read the first 3 chapters free at: This is the sixth book on Anti-Aging published by the Solar Institute. With the uncertainty surrounding some economies, anti-aging therapies, especially HGH therapies, can cost thousands of dollars a month. Cost affordable alternatives are your guarantee that in any economy you will know the right foods and methods to defeat aging. This book includes scientific studies confirming the 3 way link between solar weather, a vegetarian diet and lifespan. Number of pages: 638 Partial Listing of Chapters and Contents 2 - Why Serotonin is a Key Player in Extending Lifespan 3 - How to use Solar Weather to Extend Lifespan People Born In the Fall Live Longer Genes and Seasonal Variation People Born during Quiet Solar Activity Live Longer Short Term Bursts of Solar Radiation and Human Health Does Excess Vitamin C Cause Kidney Stones? Surgery is not necessary for Carpal Tunnel. Exploring Vitamin B6. 4 - Scientific Studies showing Solar Activity Affecting Health Scientific Evidence showing Solar Activity affects Human Lifespan 5 - Methods and Techniques Scientifically Proven to Reverse Aging Enzymes...



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