Download PDF

SELF DEFENSE TIPS AND TRICKS (PAPERBACK)



Contemporary Fighting Arts, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Self-Defense Tips and Tricks offers hundreds of simple and practical ideas and suggestions to protect yourself and your family from all types of violent crime. This personal safety and self-defense book takes you inside the criminal s mind and arms you with his tactics and techniques allowing you to beat him at his own game by stopping him dead in his tracks....

Read PDF Self Defense Tips and Tricks (Paperback)

- Authored by Sammy Franco
- Released at 2014



Filesize: 4.09 MB

Reviews

An incredibly great ebook with lucid and perfect explanations. It is actually rally fascinating through studying period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Josefina Yundt

This ebook is amazing. It can be rally interesting throgh looking at time. You may like how the author compose this ebook.

-- Nikko Bashirian

A must buy book if you need to adding benefit. It can be rally interesting throgh looking at period of time. Its been designed in an remarkably simple way and it is only after i finished reading this publication by which in fact altered me, modify the way i believe.

-- Ms. Julie Huels