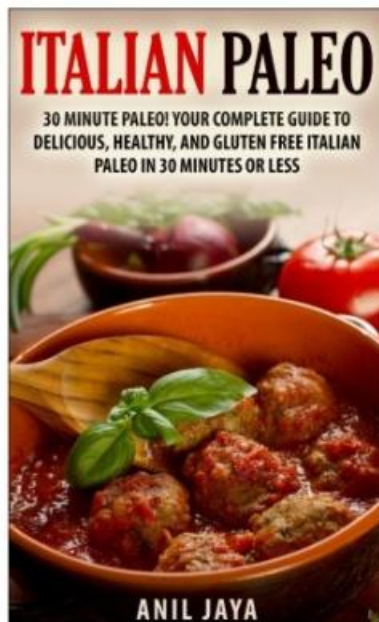


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Reviews




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Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Experience Your Favorite Italian Food Paleo Style! * * *LIMITED TIME OFFER! 50 OFF! (Regular Price \$5.99)* * * Delicious and Healthy Italian Paleo in a Snap! I know you. You are health conscious, smart, and extremely motivated to eat amazing Italian Paleo dishes without sacrificing taste. You may be a long time Paleo practitioner or you may be new to the diet. Either way, buckle up, pour a cup of coffee and get ready to experience DELICIOUS Italian food Paleo style! Italian Food is quite possibly the worlds most popular food. It s no wonder why - From chewy and crispy bread, to the mouth watering pastas, and the aromatic seasonings it s plain to see why people are in love with Italian cooking. The problem is - Most Italian food is filled with gluten, wheats, and bad carbs. The reason I wrote this book is simple! I wanted to preserve the classic Italian cuisine without sacrificing flavor, and making it Paleo friendly! So are you ready to take up the Paleo diet? Are you fed up of seeing dishes which form a part of the Paleo diet but are not in sync with the cuisine you eat? These recipes may be extremely fun to try out and have, once in a while. However, if you are planning to take up the Paleo diet, then you should be equipped with the latest recipes. Do you love Italian food? This book will guide you to make a lot of recipes for your family, so that you would not be bored and at the same time, you can enjoy the Paleo diet, without even noticing that you are missing your favorite dishes. This book...

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