



Raising Competent Teenagers: . in an Age of Porn, Drugs and Piercings (Paperback)

By Linda Friedland

Rockpool Publishing, Australia, 2015. Paperback. Condition: New. Language: English . Brand New Book. Traversing the teen years is tricky and challenging for most parents. Pornography, sex, cyber bullying, body piercing, drug experimentation and tattoos are all part of adolescent life. How do you remain an effective, strong and compassionate parent, able to talk to your children as they become adult? This hands-on manual contains tools on how to keep up communication with your teen. Dr Linda Friedland has distilled the wisdom of prominent parenting educators and her own knowledge as a medical doctor and also a mother of five children, the two youngest still being in their teenage years. Over 100 issues are discussed and are followed up with practical what to do ideas. Includes: Brain and body changes; Parent-teen conflict; Implementing rules and family values; Saying no; Narcissism and entitlement; Helicopter and Tiger parenting.

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