

## Mountain Biking Britain Footprint Activity Lifestyle Guide (Paperback)



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### **Reviews**

*Absolutely one of the best book I have ever study. It is actually writter in simple terms rather than confusing. I realized this pdf from my dad and i suggested this pdf to understand.*

**(Garry Quigley)**

## MOUNTAIN BIKING BRITAIN FOOTPRINT ACTIVITY LIFESTYLE GUIDE (PAPERBACK)



Footprint Travel Guides, United Kingdom, 2009. Paperback. Condition: New. 1st edition.. Language: English . Brand New Book. Experienced Footprint author Chris Moran (co-author of Mountain Biking Europe and Snowboarding the World) brings you the definitive guide to mountain bike riding in Britain. Mountain Biking Britain takes you cross-country, scoping the best trail centres from Golspie and the Kyle of Sutherland trails in the north of Scotland, down through the Seven Staines in Scotland and all the way through to the Mineral Tramways Project in Cornwall. The book features the most picturesque rides in South Wales, where to find the best northshore rides and the top bikeparks of England. Whether you prefer downhill, XC (cross-country), or freestyle/freeriding, there something for everyone. Detailed coverage of the UK s high profile centres All the essentials: top tips, local media and websites, the scene, secret spots and must-sees The best rider-friendly places to eat, sleep and drink Riders tales sections include lots of hints and tips from pro-riders and experts in the mountain-biking scene.



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