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(Dessie Gaylord)

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Slow Cooker Freezer Meals 20+ Easy and Delicious Make-Ahead Freezer Meals Are you tired of making meals every night of the week? Or maybe you re always having to stop and grab fast food for your family rather than making a homemade, healthy meal? Why not try prepping the ingredients ahead of time and freezing them? Then you can dump the ingredients into your slow cooker and turn it on before you go to work, and by the time you get home, you have a homemade, delicious meal for one or your entire family! Freezer meals are nothing new, but most of the time we purchase them from the grocery store. Meals purchased from there are chock full of ingredients you don t want to eat on a daily basis. If you spend just an hour to two hours on a Sunday prepping your meals ahead of time, you can have a home cooked meal every day of the week! In this book, you ll find the following recipes: Slow Cooker Chicken Curry Crockpot Tomato Turkey and Vegetable Soup Slow Cooker Turkey Black Bean Chili Crockpot Chicken Soup with Mexican Seasonings Barbecue Chicken Spicy Peach Chicken Sliders Slow Cooker Cashew Chicken Slow Cooker Turkey Chili Slow Cooker Baked Bean Chicken Slow Cooker Paleo Chicken Lettuce Wraps Slow Cooker Cranberry Pork Roast Slow Cooker Party Pork Recipe Crockpot Pork White Bean and Kale Soup Slow Cooker Stuffed Peppers Ginger Cranberry Pork Roast Sweet and Spicy Pork Roast Crockpot Ranch Pork Chops Slow Cooker Jerk Pork Slow Cooker...

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