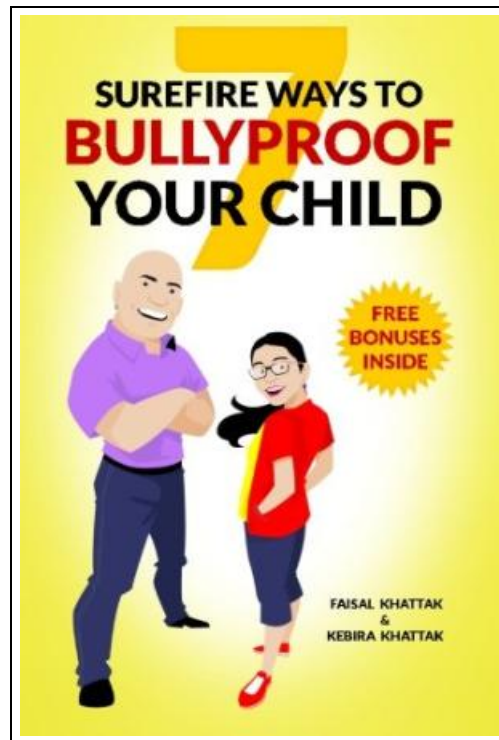


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*It becomes an awesome publication that I actually have actually read. It really is written in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*  
**(Talia Cormier)**

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Faisal Khattak, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book is your guide to protecting your child from the ever-increasing epidemic of bullying. In his seven street-tested steps, Faisal gives you the practical information you need to empower your child, not just from physical bullies, but from the devastation of cyber-bullying through the Internet and social media. As one of the world's first certified anti-bullying coaches, Faisal knows first-hand what it is like to both be the target of bullies and how to triumph over bullies. From being brutally bullied when he was five, through his school years and even into young adulthood, Faisal knew the pain of being targeted and tormented. When at last he found the way to triumph over his past, he knew that he had to share the path to freedom. His easy to understand and apply steps are based on the acronym for VICTORS and through their use, your children will not just avoid becoming victims of bullying, but actually become VICTORS in life. His seven steps are: V for VICTORS: By reframing your children's view of themselves as victors rather than victims, you create an atmosphere where your children know how to set up healthy boundaries for themselves and others. I for IGNORE: Ignoring is an effective technique for children to learn to protect themselves from harm bullies may want to inflict by taking away the bully's motivation. C for CYBER-SMART: Kids are going to use technology. It's a parent's role to make them cyber-smart with technology usage contracts and other parental controls. T for TALKING: Secrets make us sick, so having an open and clear channel of communication between you and your child is crucial to find out...



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