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How to Help People Change: The Four-Step Biblical Process

By Jay E. Adams

Zondervan. Paperback. Condition: New. 224 pages. While touching on many aspects of counseling, this book . . . is specifically designed to elucidate the process of counseling. I have often mentioned and illustrated that process, but not in the focused and systemic way that the four-step biblical process is set forth here. . . . This book presents a fresh perspective not only on how to counsel, but also on what measures to take at what stages of counseling. ---Jay Adams, from the preface Change is the essential goal of the counseling process. And, in the authors words, substantial change requires the alteration of the heart. How can a Christian counselor facilitate such change The answer, of course, may be found in Scripture, specifically in 2 Timothy 3: 14--17. Jay Adams is a well-known counselor who bases his whole approach on Scripture. This book provides an unparalleled opportunity to see how he discovers and applies biblical principles as well as the way in which Scripture functions as the basis for his counseling approach. This book answers two questions: How does a counselor help people change and, How does Scripture provide the source of a counselors method How to Help People...



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