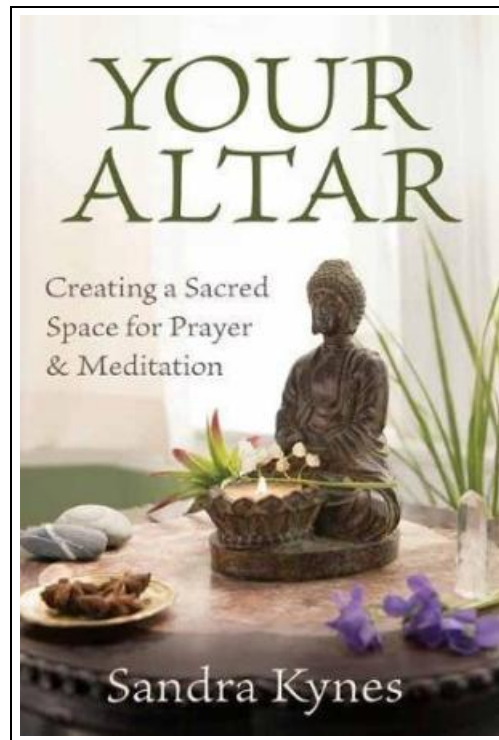


Your Altar: Creating a Sacred Space for Prayer and Meditation



Filesize: 2.31 MB

Reviews

This publication might be worthy of a read through, and superior to other. It normally is not going to charge excessive. Its been written in an remarkably simple way and is particularly just after i finished reading through this book through which in fact transformed me, alter the way i really believe.

(Juston Mraz)

YOUR ALTAR: CREATING A SACRED SPACE FOR PRAYER AND MEDITATION



Llewellyn Publications. Paperback. Condition: New. 240 pages. Dimensions: 8.8in. x 6.0in. x 0.7in. In this fast-paced world of over-stimulation and distraction, keeping a private space for meditative retreat and spirituality is essential. Creating an altar using the power of numbers allows you to achieve spiritual stillness in a personal and meaningful way. The numbers one through nine each carry a profound symbolic history and significance. Harness this energy and apply it to your life by selecting the number that best resonates with your intention and using it as a guide to your altar design. Deepen your spiritual practice. Explore your inner world. With meditation techniques and many examples of prayers, practices, and rituals from all major faiths, popular author and Celtic scholar Sandra Kynes offers a new approach to altar-building. Using representations of elements from myth and nature as focal points, you can create an altar that best suits your spiritual needs. Straightforward and practical, with easy-to-follow instructions and clear illustrations, this unique book allows you to experience the restorative benefits of altars and ultimately reconnect with that sacred space within yourself. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



[Read Your Altar: Creating a Sacred Space for Prayer and Meditation Online](#)

[Download PDF Your Altar: Creating a Sacred Space for Prayer and Meditation](#)

Relevant eBooks

**A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half**

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to...

[Download ePub »](#)

**The About com Guide to Baby Care A Complete Resource for Your Babys Health Development and Happiness by Robin Elise Weiss 2007 Paperback**

Book Condition: Brand New. Book Condition: Brand New.

[Download ePub »](#)

**A Little Wisdom for Growing Up: From Father to Son**

Wipf Stock Publishers, United States, 2007. Paperback. Book Condition: New. 193 x 119 mm. Language: English . Brand New Book ***** Print on Demand *****.Description: A Little Wisdom for Growing Up is an ancient form...

[Download ePub »](#)

**Wrong Way Round: One Country, One Camp Trailer, One Family, One Amazing Adventure**

Explore Australia. Paperback. Book Condition: new. BRAND NEW, Wrong Way Round: One Country, One Camp Trailer, One Family, One Amazing Adventure, Lorna Hendry, 'Mate, I reckon you're going about this all wrong. For the first...

[Download ePub »](#)

**Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade**

Book Condition: Brand New. Book Condition: Brand New.

[Download ePub »](#)