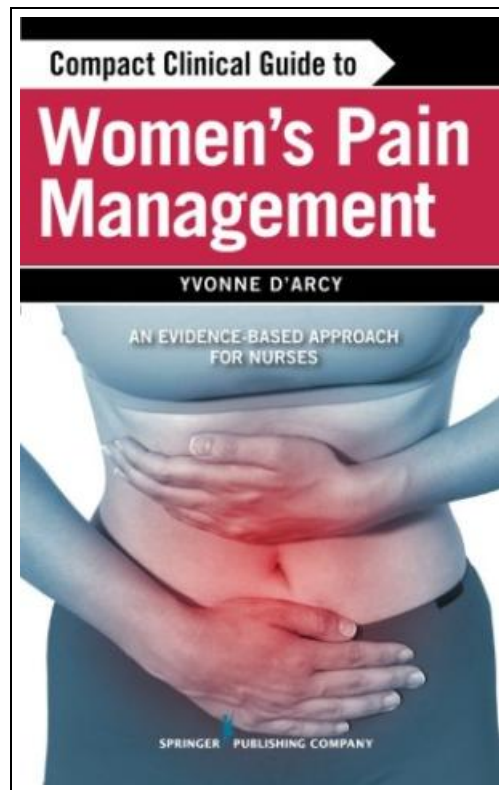


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COMPACT CLINICAL GUIDE TO WOMEN S PAIN MANAGEMENT: AN EVIDENCE-BASED APPROACH FOR NURSES (PAPERBACK)



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Springer Publishing Co Inc, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book. Recent research studies have indicated that there is a difference between the pain experienced by men and that experienced by women. This is the only clinical reference specifically geared to management of all commonly presented pain conditions particular to women. It is written by an NP Pain Management Specialist for nurses in all settings, and provides evidence-based guidelines for treating women s pain as a unique entity. Concise and portable, the guide delivers key information and helpful pain strategies that will support individualised pain management approaches and help to improve pain management outcomes. The guide provides quick access to nursing guidelines for treatment of pain due to fibromyalgia, TMJ pain, phantom breast pain, postmastectomy pain syndrome, menstrually related migraine headaches, irritable bowel syndrome, interstitial cystitis, and STD-related and pelvic pain. Pharmacologic and non-pharmacologic treatment options, current information from national guidelines (including using a combination of pain management scales for optimal pain assessment and management), along with regional anaesthesia techniques, patient-controlled analgesia, and epidural pain management are also included. In addition, the guide discusses options for managing extreme pain situations, how to screen and treat potential substance abusers, and the physiologic bases of gender-different pain responses. Each chapter features a section called Nursing Considerations which focuses on interventions and techniques to improve outcomes. Of particular note is a section on managing pain in obese women who suffer from pelvic pain syndromes and fibromyalgia, among other types of pain. Key Features: Focuses on evidence-based clinical management of all commonly presented pain conditions particular to women. Discusses pharmacologic and complementary pain management. Addresses physiologic bases of gender-different pain responses. Provides cutting edge information regarding pain in obese women and managing extreme pain situations. Offers new information on opioid polymorphisms that guide understanding of why...

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