



## Doing a 360: Turning Your Life Around to Follow Soul's Purpose

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By Reverend Dr Nancy Ash

360 Publishing, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Consider this: You have entered a sacred spin zone, an inspirational guidebook offering a 360 perspective to the intense challenges of life. You have the power to turn your life around - completely. All desire to be happy, content and fulfilled. Each one of us seeks to know our true purpose. why we are here on Earth. Doing a 360 (three-sixty) is a simple metaphor, an all-encompassing spiritual process to a re-calibrated life following Soul's purpose. In this book you'll be lovingly nudged to divine inheritance of heroic luminosity. As a young aspirant, author Reverend Dr. Nancy Ash met brilliant mythologist Joseph Campbell, setting her on this ceremonial path to self-realization. Based on his classic myth, the circular theme of a hero's journey, Doing a 360: Turning Your Life Around to Follow Soul's Purpose guides you to radical change going full-circle with step-by-step spherical strategies, meditations, visualizations, and exercises culminating in your 360 Daily Practice. Every journey begins with one courageous step. Uniquely designed as a sacred companion, this text offers a fresh...

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