## Cognitive Therapy Techniques for Children and Adolescents: Tools for Enhancing Practice



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## Reviews

A very amazing publication with perfect and lucid information. We have read through and that i am certain that i will planning to study once more yet again in the future. You will not really feel monotony at anytime of the time (that's what catalogues are for about should you question me).

(Matilda Hoeger V)

## COGNITIVE THERAPY TECHNIQUES FOR CHILDREN AND ADOLESCENTS: TOOLS FOR ENHANCING PRACTICE



Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Cognitive Therapy Techniques for Children and Adolescents: Tools for Enhancing Practice, Robert D. Friedberg, Jessica M. McClure, Jolene Hillwig Garcia, Providing a wealth of practical interventions and activities--all organized within a state-of-the-art modular framework--this invaluable book helps child clinicians expand their cognitive-behavioral therapy (CBT) toolkits. Going beyond the basics, the authors provide effective ways to engage hard-to-reach clients, address challenging problems, and target particular cognitive and behavioral skills. Fun and productive games, crafts, and other activities are described in step-by-step detail. More than 30 reproducible forms and handouts can be downloaded and printed in a convenient 8 1/2" x 11" size. See also the authors' authoritative introduction to CBT with young patients, Clinical Practice of Cognitive Therapy with Children and Adolescents, Second Edition: The Nuts and Bolts.

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