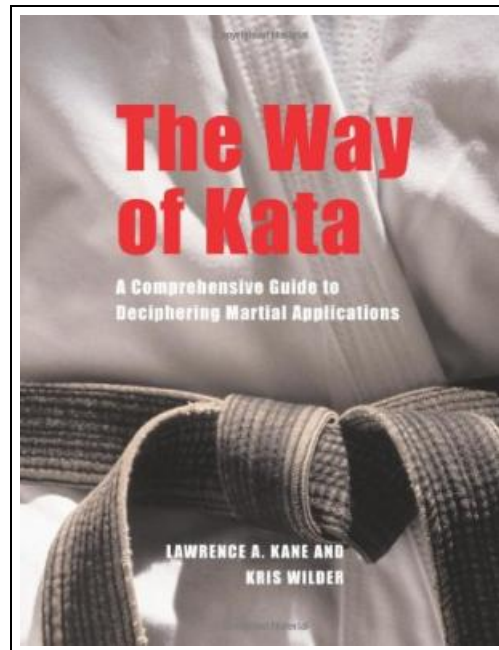


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THE WAY OF KATA: A COMPREHENSIVE GUIDE FOR DECIPHERING MARTIAL APPLICATIONS

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