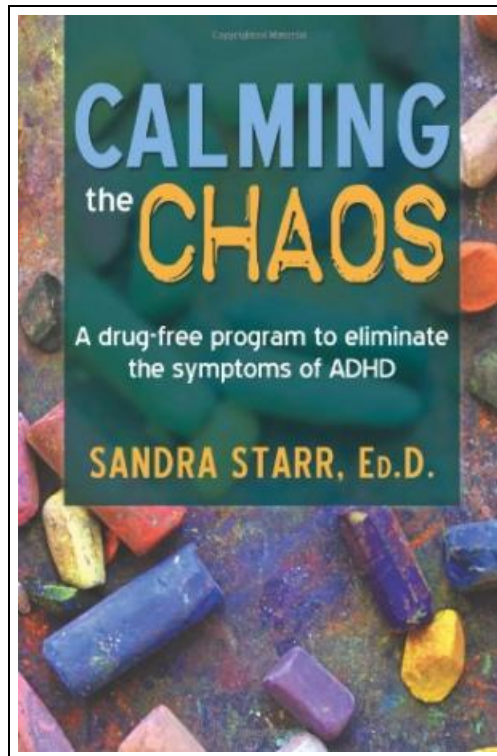# Calming the Chaos: A Drug-Free Program to Eliminate the Symptoms of ADHD

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(Mrs. Adriana Schmidt V)

CALMING THE CHAOS: A DRUG-FREE PROGRAM TO ELIMINATE THE SYMPTOMS OF ADHD

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iUniverse, United States, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. My primary goal is to help all children and adults with this disorder and to provide them with the opportunity to learn how to become motivated, successful learners, to receive social acceptance, and to live drug-free. My secondary goal is to help parents of children with ADHD and adults with ADHD realize that the guilt or shame felt, due to the resulting problems, need not be a continual burden. Many of my clients have indicated that they were made to feel responsible for their child s anti-social and inappropriate behaviour and that their approach to parenting was the cause. For the over 1000 families with whom I ve worked, this couldn t be further from the truth. Every one of the parents indicated they had tried every conceivable approach recommended: parenting classes, psychotherapy, marriage counseling, medication, behaviour modification techniques, etc. with limited success. With this group of families, the majority had tried, or were still using, medication as a means of controlling the symptoms. None were content to use medication as a long-term approach and hence their interest in a drug-free alternative. Please remember that a journey takes time and it is completed one step at a time. If you are a parent struggling with the problems caused by having a child with ADHD, this approach may provide answers to resolving those problems. If you help to eliminate the underlying causes of ADHD, you will enable your child to be what he/she was meant to be. By completing the questionnaire and linking revealed information resulting from ADHD symptoms, you will identify problematic areas. Upon completion of her doctorate, which identified characteristics commonly found in students with ADHD,...

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