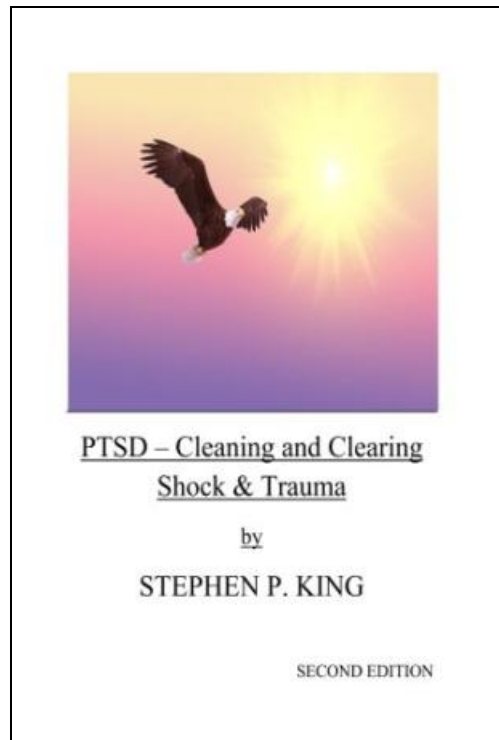


## Ptsd: Cleaning and Clearing Shock Trauma (Paperback)



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*This publication may be worth purchasing. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.*  
**(Cassandra Von)**

## PTSD: CLEANING AND CLEARING SHOCK TRAUMA (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is designed for those who work with trauma/shock survivors or those who are trauma/shock victims themselves and who have not yet found a way to collapse and clear any images/memories and resultant fears, anxieties, depression or addictions as a result of ongoing emotional and physical disturbances. You will learn about helping others or oneself in FINDING FREEDOM from addictions, obsessions, compulsions, fears, phobias, anxieties and trauma. It is an easy guide to understanding the nature of PTSD and potentially quick and simple solutions to releasing the impacts of same. You will be able to discover the means by which an understanding of the origins, impact and nature of shock and trauma in people s lives can be dissipated, cleaned and cleared at a pace and in a manner that is safe and healthy for the sufferer. Discover new, practical, and easy-to-apply tools and techniques for collapsing trauma triggers and reactions. This book has both academic content and experiential and practical components, with techniques to attain closure. This is a companion book to the author s online Udemy course on PTSD which contains video and audio lectures as well as resource material, references and links. It is written for Professionals such as Counsellors, Clinicians, Therapists, Critical Incident Stress Debriefers, Psychologists, Psychiatrists, Mental Health Practitioners, Trauma specialists, Students of Psychology/Psychiatry/Criminology and for the clients and patients of the above, including: Military veterans, victims of crime or abuse, victims of terror, those who suffer from trauma and shock, sufferers who have not sought treatment, sufferers who are getting treatment but have not yet been successful in processing their traumatic histories, those who have repeated nightmares or images that haunt them, those...



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