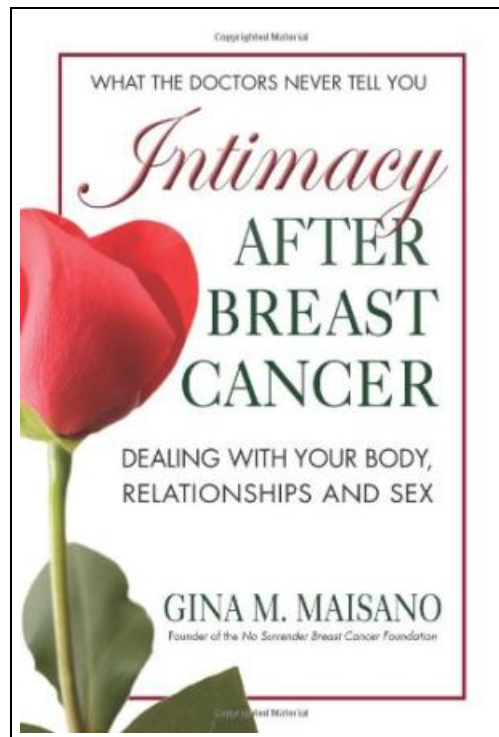


Intimacy After Breast Cancer: Dealing with Your Body, Relationships and Sex



Filesize: 9.53 MB

Reviews

An incredibly awesome publication with perfect and lucid reasons. It can be written in simple phrases and not confusing. I am just delighted to let you know that this is actually the very best publication I actually have studied during my very own lifestyle and could be the best publication for actually.

(Paula Gutkowski)

INTIMACY AFTER BREAST CANCER: DEALING WITH YOUR BODY, RELATIONSHIPS AND SEX



Square One Publishers. Paperback. Condition: New. 223 pages. Congratulations! You survived breast cancer. This should be a time to celebrate so why do you feel so empty and alone? Medical professionals prepare you for surgery and other treatments, but do not always address your emotional and sexual health. In *Intimacy After Breast Cancer*, breast cancer survivor Gina Maisano honestly discusses the sensitive issues of self-esteem, body image, and sexuality to help you become the total woman you still are. Part One begins by examining the emotions experienced by breast cancer survivors, including anxiety and fear of recurrence. It then offers guidance on regaining the confidence to start living again. The mental and physical effects of post-surgical medications are discussed, along with solutions for maintaining optimum health. Part Two focuses on rediscovering your sexuality. In a compassionate manner, it addresses the issues that most often challenge both single and married women and presents suggestions for overcoming them. Love and intimacy do not have to end with a breast cancer diagnosis. In *Intimacy After Breast Cancer*, Gina Maisano will help you rediscover the joys of being a woman. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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