



Food Fight: GMOs and the Future of the American Diet

By McKay Jenkins

Avery. Hardcover. Condition: New. 336 pages. Dimensions: 9.0in. x 6.0in. x 0.8in. The noted environmental journalist and author of ContamiNation examines the rise of GMOs and offers a fresh, nuanced, and informative look at how they're shaping our food system for better and for worse. In the past two decades, GMOs have come to dominate the American diet. Advocates hail them as the future of food, an enhanced method of crop breeding that can help feed an ever-increasing global population and adapt to a rapidly changing environment. Critics, meanwhile, call for their banishment, insisting GMOs were designed by overeager scientists and greedy corporations to bolster an industrial food system that forces us to rely on cheap, unhealthy, processed food so they can turn an easy profit. In response, health-conscious brands such as Trader Joes and Whole Foods have started boasting that they are GMO-free, and companies like Monsanto have become villains in the eyes of average consumers. Where can we turn for the truth? Are GMOs an astounding scientific breakthrough destined to end world hunger? Or are they simply a way for giant companies to control a problematic food system? Environmental writer McKay Jenkins traveled across the country to answer these questions...



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