

Inner Peace: A Simple Path (Paperback)

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Reviews

This book will never be straightforward to start on looking at but extremely exciting to read. I actually have read through and that i am sure that i am going to gonna go through once more again in the future. I am happy to explain how this is the very best book i have read through in my individual lifestyle and may be he best publication for at any time. **(Estrella Howe DVM)**

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INNER PEACE: A SIMPLE PATH (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ***** After the occurrence of a few of the most highly stress-inducing events in my life within a 2 year time period, it was evident that I had to figure out a way to get through the supposed difficulties. My goal was determined by me asking the question How do I get to the other side of this confusion and negativity intact? Investigating the answer to that question placed me on a unique and fulfilling journey that I have documented in the book called INNER PEACE - A SIMPLE PATH. Some of the realizations I encountered were that: 1. Stuff happens to people in life regardless of your age, race, religion, sexual orientation, wealth status, etc. 2. As humans, in general, you all have the capability AND responsibility to attend to your personal well-being regardless of the events occurring externally. It is a mind thing. 3. There are ample resources around to help every individual pull through. Just make sure you open your eyes to see them. 4. The rewards cannot be planned and patience MUST be exercised. 5. If there is no reward, that situation MUST also be accepted. In my journey, I have come to a realization of simplicity. The simpler you keep things, the better it is. For this reason, my goal here is to impart knowledge or assistance that can be used to improve the life or situation of people. If this happens to just ONE PERSON, I have attained my goal. This 2nd edition presents a key element, i.e. Power Actions. These are things that you can do right now to step into the world of Inner Peace. Take a look and experience this for yourself.

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